



“Welcome to our deep spring Mid Week Pamper Packages Brochure, here you will find all information regarding our special individual treatments also our new ‘Massage Workshop’. If any questions arise please don’t hesitate to ask”.

Three Night package “Mulla mulla”

Day 1

Arriving on the first day's afternoon at 2.00 Pm (choose from Sunday, Monday or Tuesday as arrival day) we will start at approx 2.30pm with a 1/2 hr pre massage in our Hydro-Jacuzzi followed with a Zen-chi session, a 0.5 hr de-stress Therapeutic relaxation Massage with Aroma therapy and a 1 hr Flotation session. Finishing in time (approx 6pm, there's no rush) for an evening meal in town.

Day 2

Day 2 starts at 10am with a Zen-chi session, a 1/2 hr An-Mo Massage, followed by a 1/2 hr Body scrub including essential oils, a full body Mud Wrap including essential oils and a 1/2 hr Herbal bath. Finishing between 12 noon & 12.30 pm, ready for an afternoon of local exploring.

Day 3

Day 3 starts at 10am with a 1/4 hr Zen Chi session, followed with a 1/2hr Hot stone therapy, a 3/4 hr Facial including 10 min's Reflexology and Aroma therapy, finishing with a soothing 1/2 hr Turkish steam bath. Finishing approx 12 noon or 1 pm. We have maps of local tracks available, do check out Deep Creek mineral spring.

Day 4

Day 4 starts with a late check out at 11.00 Am, wishing you a safe and relaxing drive home !.

	Amulla	Lomandra
Single	\$1072	\$1072
Coupe	\$821 p.p	\$821 p.p

Four Night Package “Wonga wonga”

Day 1

Arriving at 2.00 Pm on the first day's afternoon (choose from Sunday or Monday as arrival day) we will start at approx 2.30pm with a 1/2 hour pre massage in our Hydro-Jacuzzi, followed with a Zen-chi session, a 0.5 hr de-stress Therapeutic relaxation Massage with Aroma therapy and a 1 hr Flotation session. Finishing in time (approx 6pm, there's no rush) for an evening meal in town.

Day 2

Day 2 starts at 10am with a Zen-chi session followed with a 1/2 hr An Mo Massage, a 1/2 hr Body scrub including essential oils, a full body Mud wrap including essential oils and a 1/2 hr Herbal bath. Finishing at approx 12 noon or 12.30 pm, ready for an afternoon of local exploring.

Day 3

Day 3 starts at 10am with a 1/4 hr Zen Chi session, followed by a 1/2 hr Hot stone therapy session, a 3/4 hr Facial with 10 min's Reflexology and Aroma therapy, followed by a soothing 1/2 hr Turkish steam bath. Finishing approx 12 noon or 1.00 pm. We have maps of local tracks available, do check out Deep Creek mineral spring.

Day 4

Day 4 starts at 10am with a 1/2 hr Hydro-Jacuzzi, followed with a Zen-chi session, an el fresco 1/2 hr Deep tissue Massage (weather permitted) with Aroma therapy and a 1 hr Flotation session. Finishing at approx 12 noon or 1 pm. There's the Blowhole to be explored and walks along meandering creeks and waterfalls.

Day 5

Day 5 starts with a late checkout at 11.00 Am. Wishing you a save and relaxing drive home !

	Amulla	Lomandra
Single	\$1348	\$1348
Couple	\$1050 p.p	\$1050 p.p

Five Night Package “Lilly pilly”

Day 1

On arrival on Sunday in the afternoon (2pm earliest check in), we will start at approx 2.30pm with a 1/2 hr pre massage in our Hydro-Jacuzzi, followed with a Zen-chi session, a 0.5 hr de-stress Therapeutic relaxation Massage with Aroma therapy and a 1 hr Flotation session. Finishing in time (approx 6pm, there's no rush) for an evening meal in town.

Day 2

Monday (Day 2) starts at 10am with a Zen-chi session, followed by a An-mo massage, a Body scrub including Essential oils, a full body Mud wrap including Essential oils and a 1/2 hr Herbal bath. Finishing at approx 12 noon or 12.30 pm, ready for an afternoon of local exploring.

Day 3

Tuesday (Day 3) starts at 10am with a 1/4 hr Zen Chi, followed by a 1/2 Hr Hot stone therapy session, a 3/4 hr Facial with aroma therapy including 10 min's Reflexology and a soothing 1/2 hr Turkish steam bath, Finishing approx 12 noon or 1 pm We have maps of local tracks available, do check out Deep Creek mineral spring.

Day 4

Wednesday (Day 4) starts at 10am with a 1/2 hr Hydro-Jacuzzi, followed by a Zen-chi session, a 0.5 hr Deep tissue Massage with Aroma therapy and a 1 hr Flotation session. Finishing at approx 12:30pm or 1 pm. There's the Blowhole to be explored and walks along meandering creeks and waterfalls.

Day 5

Thursday (Day 5) starts at 10am with a 1/4 hr Zen-chi session, a 0.5 Hr Shiatsu Massage with Aroma therapy and a 0.5 Hr Mud bath. Finishing at approx 12 noon or 1 pm. Go back in time and visit Sovereign Hill out of our gold prospecting hills on to the plains in nearby Ballarat.

Day 6

Friday (Day 6) can be a relaxing day, enjoying our sundeck with open native bush view and secluded meditation corner with white waterfall. Getting yourself ready for a late accommodation checkout at 11.00 Am. Wishing you a safe and relaxing drive home !.

**Single
Couple**

Amulla
\$1578
\$1226 p.p

Lomandra
\$1578
\$1226 p.p

*Public/School holidays included



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